



Former Family Doctor Finds Joy in Beauty *New Concord practice brings out people's best*

Dr. Nicholas VanLoan is once again experiencing the joy of connecting with patients.

“As a family physician for over 10 years, I developed ongoing relationships with my patients. Then I spent 12 years in emergency medicine, where contact with people was a one-time event. I really missed having regular patients.”

In his new practice, Aesthetic Medicine of New Hampshire located in Concord, Dr. VanLoan is using the latest technology to help people look – and thereby feel – their best.

“I couldn’t be happier,” he says. “I’m getting reacquainted with former patients and getting to know new ones. It’s very rewarding to help patients feel better about themselves.”



Dr. Nicholas VanLoan (left), Dr. Ralph Single and Kristin Howson bring experience and a personal touch to Aesthetic Medicine of NH.

The New Facelift

Non-surgical, discrete *and* affordable!

If your friends look younger suddenly, it could be because they’re sporting the results of a new technology. This noninvasive aesthetic procedure treats a variety of sun- and aging-related skin damage with little discomfort and no downtime.

The new technology lets you enjoy the results of plastic surgery without ever having to go under the knife or having to suffer through being cloistered away for six weeks or more during healing. Not only that: the new procedure costs about a tenth as much as a typical facelift.

What is the Process?

Although often confused with laser treatment, this process actually combines two types of energy – intense pulsed light (IPL) and radio frequency (RF) – into the same pulse. IPL uses pulses of light to treat enlarged pores and pigmentation problems, like brown spots and broken capillaries. RF delivers heat to the deeper layers of the skin, stimulating collagen production. The end result: skin with a smoother texture, smaller pores and more even coloring.

Dr. Patrick Bitter, Jr., a dermatologist, and Dr. R. Stephen Mulholland, a plastic surgeon, developed FotoFacial RF[®], a patented machine designed to deliver this skin rejuvenation treatment.

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Q & A

Microdermabrasion

Q. What is microdermabrasion?

A. Microdermabrasion removes the most superficial layer of facial skin by blowing fine crystals under pressure across the skin’s surface.

Q. Why should I consider it?

A. The process decreases very fine wrinkles and abnormal pigmentation. The result is smoother, more evenly toned skin.

Q. How long does the procedure take?

A. About half an hour.

Q. What are the side effects?

A. Most people experience redness and a “windburn” feeling that disappears within a few hours.

Q. How often should I have the procedure done?

A. We recommend anywhere from once a month to once every three months, depending on your skin.

Q. How much does it cost?

A. Individual treatments are \$120. Package plans are also available.

Kristin Howson, a Licensed Esthetician, is on the staff of Aesthetic Medicine of New Hampshire.

Testimonial

Acne Relief

“At forty-something, I was so used to looking in the mirror and seeing erupted skin that I didn’t realize the impact it had on my self-esteem.

“Then I had the great good fortune of undergoing FotoFacial RF® therapy. I had elected the treatment for rosacea, a perpetual skin redness that hadn’t responded to the topical antibiotics

Continued below

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How does it work?

Treatments consist of half-hour to hour-long sessions at a doctor’s office conducted once a month for five months. Prior to the procedure, a topical anesthetic is applied to eliminate any discomfort. Then an appliance that resembles the end of a PC printer cable is applied to the designated area and a pulse of energy is delivered. The process is repeated for each area to be treated.

Then you go home.

Yes, it’s really that easy.

Afterwards there is some redness, but you can apply makeup immediately after treatment and this side effect disappears quickly.

What does it cost?

Not only is the treatment easy and effective, it’s very affordable. The average facelift runs around \$25,000. The average FotoFacial RF treatment runs about \$2,500.

FotoFacial RF treatment is available at Aesthetic Medicine of New Hampshire.

For information, call 603-224-0808 or click www.aesmed.com

Aesthetic Medicine

OF NEW HAMPSHIRE

194 Pleasant St. Concord, NH 03301
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Place
Stamp
Here

**Reversing the
Aging Process**

Testimonial - continued from above
typically prescribed to treat it.

“I was delighted to discover that this procedure not only effectively treated the rosacea, but also cleared up my acne.

“For the first time since childhood, I looked in the mirror and saw smooth, healthy looking, unblemished skin. My coloring was no longer uneven, my pores were smaller and, best of all, the sebaceous cysts that had plagued me since adolescence had abated.

“I feel like a new person,

happy to put my best (new) face forward. With a clear face, I’m more confident and more comfortable interacting with people.

“Thanks to FotoFacial RF® therapy, I’ve not only got a new look, I’ve got a new me to go along with it! I just wish I’d known about this treatment years ago. I could have improved my quality of life a lot sooner.”

~ Alex Hayes
Marketing Consultant

Did You Know?

Over 8.3 million surgical and non-surgical cosmetic procedures were performed in the United States last year.

Protecting your skin from sun damage is the easiest way to prevent premature aging.